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## MIND LIKE A



## STEEL TRAP

**Lower Sackville business owner leverages career with  
Disney to launch newest locked-room puzzles**

**metroNEWS**

## Bark about new bylaw

### REGIONAL COUNCIL

### Public education campaign around pet ownership law up for debate



**Zane  
Woodford**  
Metro | Halifax

Halifax regional council is set to debate whether a public-education campaign is needed for a controversial bylaw governing pet ownership.

Coun. Lorelei Nicoll plans to request a staff report at Tuesday's meeting about "implementing an education campaign" around Bylaw A-700, Respecting Animals and Responsible Pet Ownership.

Nicoll said she's heard from constituents who aren't clear on what the new bylaw means for them, and she thinks an education campaign could alleviate some of those concerns.

"Some people want more of a black-and-white kind of rule to it," Nicoll said Monday.

The city has issued a list of answers to frequently asked questions about the bylaw on its website.

"So we're doing a lot of this clarification, which, in my mind, is education," she said.

Local dog trainer Tristan Flynn sees that approach as backward.

"Instead of doing a consultation process and getting people's input on how to write the law properly, they've written a vague bylaw, and now they're just going to come out with FAQs to clarify it," Flynn said Monday.

Nicoll said the city advertised the consultation process the same way it always does: with a small newspaper ad and a social media campaign.

She said she heard from constituents who felt that wasn't good enough, and acknowledged the process "possibly" needs changing.

Flynn said the controversy surrounding this bylaw should show the city that its process is "out of date."



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**Pam Glode-Desrochers**, executive director of the Mi'kmaw Native Friendship Centre, says if regional council passes the motion it would be a positive first step for both Aboriginal Peoples and the Halifax community as a whole. JEFF HARPER/METRO

# Mayor to present motion for Statement of Reconciliation

## INDIGENOUS AFFAIRS

### Diversity, consultation central planks of proposal



**Rebecca Dingwell**  
For Metro | Halifax

The Truth and Reconciliation Commission is hitting close

to home.

Halifax Mayor Mike Savage will bring a motion to council Tuesday proposing that regional council pass a Statement of Reconciliation with Aboriginal Peoples on behalf of the municipality.

The motion would provide a mandate for Halifax Regional Municipality's office of diversity and inclusion to develop a work plan, including a "focused consultation" with Aboriginal Peoples.

"This is an issue that plays

out in every city across Canada," reads the motion.

"The several years of gathering testimony, evidence and developing recommendations have been a difficult process for survivors and commissioners alike."

The Truth and Reconciliation

Commission was created as part of the settlement of a class action lawsuit by residential school survivors.

The Big City Mayors' Caucus recently launched an Aboriginal Partnership and Reconciliation Working Group with a goal of identifying recom-

mendations from the commission's final report that can be applied to municipalities.

Pam Glode-Desrochers is the executive director at the Mi'kmaw Native Friendship Centre in Halifax. Glode-Desrochers said she is very excited and hopes to attend the council meeting.

"I think it's an opportunity for everybody to work together for total understanding and moving forward," she said.

Glode-Desrochers added that the passing of the mo-

tion would be positive for both the Aboriginal community and the community as a whole. She feels the focus on a community initiative rather than a national project will encourage more people to get involved.

"Many times, when something is 'national,' it's (seen as) somebody else's problem," said Glode-Desrochers. "This is important in our community; it's important where we live."

Savage was not available for an interview Monday.



**It puts the relationship with the Aboriginal people in a light that's never been there before.**

Pam Glode-Desrochers

## PUBLIC SAFETY

# Jaywalking bill, fine targets low-income people: Critics

A bill that increases the fine for jaywalking in Nova Scotia to nearly \$700 is being roundly criticized by active transportation advocates and pedestrians alike.

The bill, which passed third reading last week, boosts the fine from \$410 to \$697.50 — more than the penalty for using a cellphone behind the wheel and well above jaywalk-

ing fines in other cities and provinces.

The province says the change is intended to create consistency between fines for drivers and pedestrians while

also acting as a deterrent.

Tristan Cleveland with the Ecology Action Centre in Halifax calls the fine disproportionate and counterproductive.

He has created a Facebook

page calling on the province to repeal the bill, saying it deters people from walking and unfairly targets lower-income people.

The RCMP says officers

haven't issued a single jaywalking fine in the Halifax area in 2015 and the force doesn't track jaywalking statistics for the rest of the province.

THE CANADIAN PRESS



## CRIME

## Trio is nabbed for stealing and assault

Three Nova Scotia women are facing charges after police said they shoplifted from a local grocery store then hit an officer with a car as they drove away.

At around 3:20 p.m. Saturday, Halifax Regional Police said the loss prevention officer at the Atlantic Superstore on Joseph Howe Drive followed two women suspected of shoplifting out to a car where another woman was waiting.

According to a statement, a plain-clothes RCMP officer responded to the scene and tried to stop the women as they got in the car.

The officer clearly identified himself and asked the female driver as well as the passengers to stop and that they were under arrest for theft, but they didn't listen.

Police said the car accelerated and struck the officer, causing him to push off the hood

to prevent himself from being run over as the car sped away.

The officer was not hurt, and recorded the licence plate number and vehicle description.

At 4:10 p.m., RCMP officers found the car travelling out-bound on Highway 102 and stopped it between exits 4C and 5. All three women were arrested without incident.

Dana Jessome, 26, and Karen MacDonald, 45, both of Sydney Mines, and 34-year-old Kimberley O'Dea of Sydney, were scheduled to appear in Halifax provincial court Monday morning.

They each face charges of theft under \$5,000, possession under \$5,000, assault of a police officer with a weapon, and uttering threats.

Jessome has also been charged with dangerous driving.

HALEY RYAN/METRO



A fire investigator walks past the scene of an overnight fire on Maitland Street in Halifax on Monday. JEFF HARPER/METRO

# Unstable building shelves fire probe

## BLAZE

**Investigators will continue work once site stabilized**



It's not clear yet what caused the large blaze that destroyed a Halifax building Monday.

Halifax Fire and Emergency Services crews responded to the scene of a building under

construction engulfed in flames on Maitland Street at about 2:40 a.m., division commander Chuck Bezanson said Monday afternoon.

"The building of origin was a write-off right from the beginning," Bezanson said. "We have no idea what the origin was."

Bezanson said all three storeys were on fire when crews arrived, and they fought the "huge" fire until roughly 7 a.m.

Both buildings to the north and south sides of the fire site were also burning, but Bezanson said crews managed to beat back the flames.

The residential building to

**Crews did an amazing job.**  
Division commander  
Chuck Bezanson

the north had superficial damage from the fire, while the commercial site to the south had significant damage to the upper storey, Bezanson said.

Halifax Fire division commander Lloyd Currie said earlier Monday the building had "collapsed in on itself" as crews arrived.

"It was a total loss," but there were no injuries, Currie said.

Bezanson said while the fire likely started on the lower storey, fire investigators weren't able to finish an investigation Monday because the building was "far too unstable."

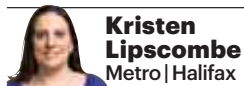
"There's some steel beams that we consider to be hanging rather precariously and we'd like to have them removed," Bezanson said.

Heavy equipment will be brought in Tuesday morning to help stabilize the building and investigators will continue their work, Bezanson said.

WITH FILES FROM HALEY RYAN

## YARMOUTH

## N.S. man dies after falling out of car



A 46-year-old man has died as a result of injuries suffered after falling out of a moving vehicle Saturday night in Yarmouth.

Yarmouth RCMP and Emergency Health Services responded to a report of an injured man at the intersection of Chebogou Road and Highway

3 at about 9 p.m., police said in a statement issued Monday.

The police investigation revealed that the man, who is from Arcadia, had been seated in the front passenger seat when the car turned left onto Highway 3, and he tumbled out onto the road. He was taken to hospital but later died.

"Our thoughts are with the victim's family and friends at this difficult time," the Nova Scotia RCMP statement said.

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## CEREMONY

## Chief defends armed presence

Halifax's chief of police channelled Prime Minister Justin Trudeau Monday in defending his force's armed presence at this year's Remembrance Day ceremony at Grand Parade.

"Because it's 2015," Halifax Regional Police Chief Jean-Michel Blais said when asked to justify the police presence at the Nov. 11 ceremony, during Monday's Board of Police Commissioners Meeting.

Trudeau used the same answer when asked why he thought it was important to have gender parity in cabinet on the day he was sworn in as prime minister.

Blais was defending the presence of two Halifax Regional Police Emergency Response Team members photographed



Halifax Regional Police Chief Jean-Michel Blais METRO FILE

at the Remembrance Day ceremony outfitted with C8 Carbine rifles.

Photos of the two officers

circulated on social media last month, causing public outcry over a perceived show of force at the ceremony.

Blais said it was nothing new: Police had the same presence at 2014's ceremony, following the shootings at the National War Memorial and the Parliament buildings in Ottawa just weeks before.

Blais said the public outcry stemmed from a perceived goal of intimidation by police, and he said that is, in fact, what they hoped to do.

"Yes, we are out there to intimidate," he said.

"We're out there to intimidate those individuals who would like to harm our community."

ZANE WOODFORD/METRO



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## CRIME

**Items stolen from cars parked in Cole Harbour, police arrest man**

A 19-year-old man is facing several charges after allegedly breaking into parked cars in Cole Harbour during the early morning hours Monday.

The man, who is from Lawrencetown, will answer to charges of theft under \$5,000, possession of stolen property and resisting arrest, when he appears in Dartmouth provincial court on Jan. 26.

Officers responded to a report of two young men breaking into vehicles on Arklow Drive just after 2:20 a.m. on Monday, according to a Halifax RCMP news release.

Police found the two suspects and arrested the 19-year-old man.

The man had several items on him that are believed to be stolen, the release said, so police are asking residents to contact Cole Harbour RCMP at 902-426-4185 if they have had items taken from their vehicles parked in the area.

KRISTEN LIPSCOMBE/METRO



**WEATHER WARM TEMPERATURES DRAW ARTIST OUTDOORS** NSCAD University student Alex King takes advantage of the unusually warm weather to paint outdoors near the Common Roots Urban Farm in Halifax on Monday. Temperatures in the metro area soared to 10 C. JEFF HARPER/METRO

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# Videos posted of female burglars

## CRIME

**Coffee shop takes to social media to track down women**Kristen  
Lipscombe  
Metro | Halifax

A Nova Scotia coffee shop has taken to social media in an attempt to track down two thieves who stole what police call "a significant quantity of cash" during the early morning hours late last month.

Antigonish RCMP received the break-in report at about 3 p.m. last Wednesday.

It indicated that at about 3 a.m. on Nov. 28, a suspect or suspects forced their way into the Tall and Small Cafe on Main Street.

The police did not release a description of the thieves in the Nova Scotia RCMP news release issued Monday, but several surveillance videos have



**A still image from video surveillance footage taken at the Tall and Small Cafe in Antigonish on Nov. 28.** CONTRIBUTED/FACEBOOK

been posted on The Tall and Small Cafe Facebook page, which indicate that two girls or young women were involved in this crime.

"Dear Tall and Small family, on Saturday early morning, we were robbed by two girls who took a significant amount of money," one Facebook post says.

"We are reaching out for your help in identifying them,"

it continues.

"We would be happy to provide a reward for any information. We will be posting a series of photos and videos from our security cameras. Please share and thank you for your help."

Anyone with information is asked to call Antigonish RCMP at 902-863-6500 or Nova Scotia Crime Stoppers anonymously at 1-800-222-TIPS-8477.



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## COURT

THE CANADIAN PRESS



An MSologist would bring together researchers with a common interest in the condition, Dalhousie says, resulting in collaboration between research and clinical care, ultimately benefiting patients and their families.

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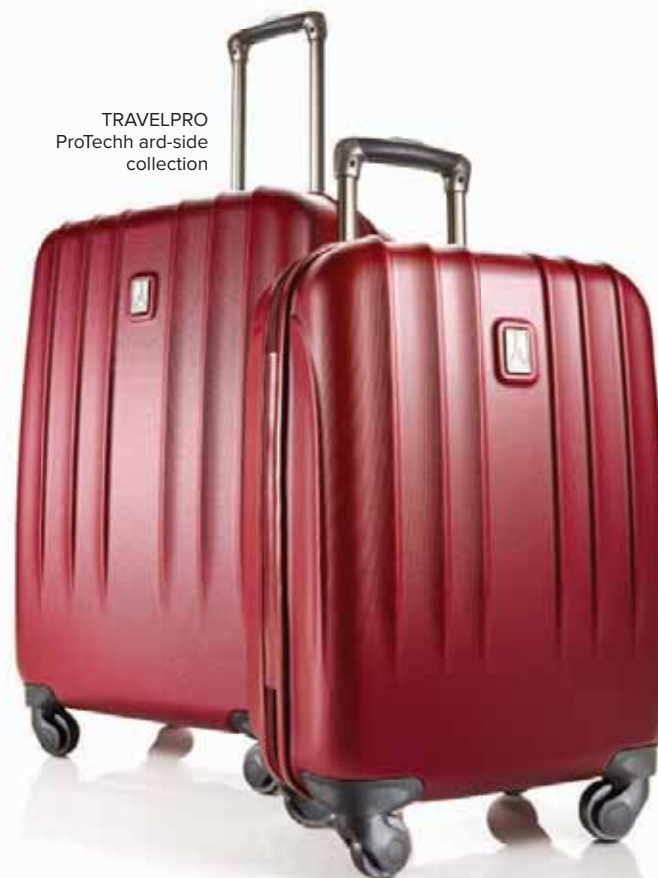
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# Former Disney worker builds some escapism for Halifax

## ENTERTAINMENT

**Doors open for those keen on locked-room puzzle action**



**Haley Ryan**  
Metro | Halifax

A local man is bringing a touch of Disney magic to a new Lower Sackville business.

Escape Artists opened last week, and owner Matthew Sampson said the idea for the locked-room puzzle experience came about when he returned to the Halifax area this summer after years of working at Disney World.

"I really thought I had the skills and the tools to do so," Sampson said Monday.

Having enjoyed the locked-room puzzles as a fan in Orlando, Fla., as well as other cities, Sampson said he was excited to create one here with a business partner.

Sampson said he started as a theatre actor and performed with Neptune before working at the Canadian pavilion in Disney's Epcot, which taught him how to build things from "the bottom up."

"I took a lot of seminars, classes with basically how parades and shows get put together at Disney," Sampson said.



**Matt Sampson, owner of Escape Artists, located in Lower Sackville.** JEFF HARPER - METRO

"I learned so much from that company on how to do things well."

The Sackville Drive location takes groups of four to eight people, Sampson said, who then go into one of two "locked rooms" and have to find clues

**"You realize a lot about your relationships with people when you lock them in a room for an hour."**

Matthew Sampson, owner

by looking closely at their surroundings, and work together to find a way out.

As in all puzzle rooms, you can leave at any time. But immersing yourself into Sampson's original storylines — like The Syndicate Hideout, which

## + ESCAPISM

For details on Escape Artists (or to book time in a puzzle room for four to eight people), email [info@Escapeartistsshfx.com](mailto:info@Escapeartistsshfx.com), or call (902) 266-5503.

turns your team into undercover 1980s cops infiltrating the Chicago mob, or The Attic, which makes visitors "thrill-seeking treasure hunters" in an abandoned estate about to be demolished — is half the fun, he said.

There's also a lot more conversation happening with friends than during an ordinary dinner and movie night, Sampson added.

"You realize a lot about your relationships with people when you lock them in a room for an hour," Sampson said with a laugh.

After checking out fellow locked-room puzzle The Great Escape on North Street in Halifax, Sampson said he had a "blast" completing its mystery and there's plenty of room in the market.

"It's kind of like we're building the business for each other," Sampson said.

Instead of competing, Sampson said more mystery rooms just means more chances for people to get hooked on live-action entertainment.



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## ARTISTS

# Local film Noon Gun hitting screens at international festival



**Rebecca Dingwell**  
For Metro | Halifax

Halifax's well-known noon gun will soon be heard — and seen — around the world.

A local film, actually called Noon Gun, will be hitting the screen at the Headline International Film Festival. HIFF is based in Los Angeles, Calif., and Noon Gun will be part of its 2016 winter program.

"It just came up as one of the festivals that was looking for newer works (and) first-time filmmakers," filmmaker Caley MacLennan said Monday.

MacLennan made Noon Gun with co-producer Jessica Brown. It tells the story of a young black

man growing up in north-end Halifax. As the title suggests, the movie uses the daily firing of Citadel Hill's noon gun to show the audience five different perspectives of the events.

Noon Gun was part of The 2015 Atlantic Film Festival in Halifax, as well as the Silver Wave Film Festival in Fredericton.

Since then, MacLennan has submitted the film to about 50 small festivals around the world. The smaller festivals, MacLennan explained, can allow the movie to be seen more and allow filmmakers to better connect with their audiences.

"We really focused on applying for film festivals that were looking for fresh perspectives," he said. "Noon Gun deals with



**Filmmaker Caley MacLennan sporting a Noon Gun tattoo.**  
REBECCA DINGWELL/FOR METRO

race and with perspective."

The specific screening details of HIFF won't be announced until 2016.





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Prime Minister Justin Trudeau receives applause from the bench after speaking in the House of Commons regarding his party's throne speech, in Ottawa, on Monday. THE CANADIAN PRESS

# Debate sees sparks fly

## GOVERNMENT

### Ambrose grills Trudeau on withdrawal from Syria

Canada's 42nd Parliament got down to business Monday, with the often-promised new era of civility sounding a lot like a brittle rehash of the federal election campaign.

Prime Minister Justin Trudeau, interim Conservative leader Rona Ambrose and NDP Leader Tom Mulcair used a debate on last week's throne speech to rekindle some of the same election battles, with sparks flying between Liberals and Tories in

particular.

Ambrose issued a scathing critique of the new Liberal government's throne speech, which was itself a recap of Trudeau's election promises.

Echoing the same criticisms levelled throughout the campaign, she called the Liberal plan a recipe for intrusive government that thinks it knows best how to spend Canadians' money.

Treasury Board President Scott Brison questioned how Ambrose could make such an accusation when she had been a minister in what he termed "one of the biggest spending governments and the most wasteful governments in Canadian history." The previous Conservative government added \$150 billion

to the national debt, he added.

The exchange prompted Ambrose to observe: "I think it's been 25 minutes and the sunny ways are over."

But Ambrose was no slouch when it came to partisan shots.

She took aim at Trudeau's vow to withdraw Canadian fighter jets from the allied bombing campaign against radicals in Syria and Iraq.

Mulcair struck a more conciliatory tone, promising to work with the government "when our values and our policies coincide." But he took the opportunity to recycle a number of planks from the NDP platform, urging Trudeau to hike taxes on large corporations and introduce a \$15-an-hour federal minimum wage. THE CANADIAN PRESS

**The question that every taxpayer wants us to ask this government is: where will the money come from to pay for all of this?** Rona Ambrose



**This is going to cost a bit more for the government, and we want to explain to Canadians exactly what the shortfall is.**

Bill Morneau



**Canadians want a government that acts honourably and that treats all others with respect. Both inside and outside this House. We will be that government.** Justin Trudeau



## GOLDEN PALACE

### Egg rolls to travel country



**Haley Ritchie**  
Metro | Ottawa

They just can't get enough of Ottawa's egg rolls.

Canadians across the country will now be able to order Golden Palace egg rolls after the restaurant announced Monday it is partnering with Shopify and FedEx.

Ironically, the restaurant doesn't do local delivery for takeout, but you can now log on to their new website and have a box of egg rolls shipped anywhere in the country within 24 hours.

"This idea has been on our radar since I took over the restaurant five years ago," said Bill Kwong, the third-generation owner of the restaurant. "I'm now the owner and a bit more tech savvy and it's been on the radar since then."

Golden Palace will turn 56 this year and its "famous egg rolls" have been doing a lot of travelling lately.

Last month, Kwong began selling them at Montreal's Bell Centre on game days. Four years earlier, Sens fans were enjoying them at Ottawa's Canadian Tire Centre.



En Ning, a cook at the Golden Palace, displays freshly deep-fried egg rolls.

LUCY SCHOLEY/METRO

## EXPORTS

### Chinese main buyers of polar bear fur



A study shows **Chinese consumers** have taken over from American sport hunters as the main buyers of Canadian polar bear exports. istock

A new analysis shows Chinese consumers with an appetite for luxury have taken over from American sport hunters as the main buyers of Canadian polar bear fur.

But the study to be presented this week at a conference in Vancouver concludes there's no reason to believe that the sale of bear hides or other parts threatens the animal's future.

"This increasing Chinese market may have stimulated some increased hunting, but really what it did is stimulate increased exporting," said Ernest Cooper, a

## TRADE

**Canada is the only country in the world that allows commercial trade in polar bears.**

consultant who is to present his findings Wednesday at ArcticNet, which brings together Arctic researchers from all fields.

Canada is the only country in the world that allows commercial trade in polar bears.

Cooper, whose work has been sent to all governments that man-

age polar bears, found the number of hides exported by Canada has been gradually rising to 400 in 2013 from 266 in 2005 — although 2014 saw a sharp drop.

The main market for the hides used to be American sport hunters returning home with their trophies. But after the United States made importing the hides illegal, the trade shifted to China.

The Asian country bought 12 hides in 2005, but accounted for 42 per cent of all hides exported from Canada between 2010 and 2014.

THE CANADIAN PRESS

## IN BRIEF

**Duffy trial resumes with testimony from new Senate Speaker George Furey**

New Senate Speaker George Furey told the Mike Duffy fraud trial that the upper chamber's spending rules didn't need to spell out every detail of what was allowed to be expensed because much of it was "self-explanatory" for senators. Furey said there is nothing in the Senate's rules that says he can't pay someone to cut down trees on his property, but senators should know that expensing such activities is not permissible. THE CANADIAN PRESS

**Liberals to start inquiry into missing and murdered indigenous girls**

The Liberal government will begin laying the groundwork for a national inquiry into missing and murdered indigenous girls by announcing details of a consultation process Tuesday afternoon. Indigenous and Northern Affairs Minister Carolyn Bennett, Justice Minister Jody Wilson-Raybould and Status of Women Minister Patricia Hajdu will reveal the details in the House of Commons Tuesday. TORSTAR NEWS SERVICE







# Employees return to work, mourn 14 dead

## MASS SHOOTING

### San Bernardino reels as details emerge about radical shooters

Thousands of employees of San Bernardino County began returning to work Monday, five days after a county restaurant inspector and his wife opened fire on a gathering of his co-workers.

The reopening of much of the government's offices signals an effort to return to normalcy for a community that has been in shock and mourning since Wednesday's attack killed 14 people and injured 21.

"To honour them, to express our gratitude for their unimaginable sacrifice, we have to fight to maintain that ordinary," San Bernardino County Supervisor Janice Rutherford said Monday of the victims.

"We can't be afraid of our lives, of our community, of our neighbours, of our co-workers."

The Board of Supervisors said at a news conference that all facilities have increased security, including armed sheriff's patrols, and officials were considering additional permanent safeguards.

Counseling centres and a hotline were open, and managers were urged to look for signs of distress in their employees.

Public Health Director Trudy



**To honour them, to express our gratitude for their unimaginable sacrifice, we have to fight to maintain that ordinary.**

County Supervisor Janice Rutherford



**Gary Mendoza, and his son Michael pay their respects at a makeshift memorial site honoring Wednesday's shooting victims Monday, in San Bernardino, Calif.** JAE C. HONG/THE ASSOCIATED PRESS

Raymundo, who attended the holiday luncheon where Tashfeen Malik and Syed Farook opened fire, thanked law enforcement who guided workers to safety and shielded them from harm.

She also expressed gratitude

for the outpouring of support worldwide. Investigators were looking into what led Malik, 29, and Farook, 28, to attack Farook's co-workers. The couple later died in a furious shootout with police.

The couple had been radicalized and had taken target practice at area gun ranges, in one case within days of the attack that killed 14 people, the FBI said Monday.

In a chilling twist, authorities disclosed that a year before the rampage, Syed Farook's co-

workers at the county health department underwent "active-shooter" training in the very conference room where he and his wife opened fire on them last Wednesday.

"We believe both were radicalized and had been for some time," said David Bowdich, assistant director of the FBI's Los Angeles office.

But he said investigators are still trying to establish precisely when, where and by whom they were influenced.

THE ASSOCIATED PRESS

## POLLUTION

### Beijing schools close in first smog red alert

Beijing issued its first-ever red alert for smog on Monday, urging schools to close and invoking restrictions on factories and traffic that will keep half of the city's vehicles off the roads.

The red alert — the most serious warning on a four-tier system adopted a little over two years ago — means authorities have forecast more than three consecutive days of severe smog.

An online notice from the Beijing Municipal Environmental Protection Bureau said it issued the alert to "protect public health and reduce levels of heavy air pollution."

Beijing hotel staffer Fan Jinglong said the smog forecast was "really worrisome."

"We have no choice but to step up preventative measures like wearing a mask outdoors at all times," he said.

Readings of PM2.5 particles climbed toward 300 micrograms per cubic meter on Monday and are expected to continue rising before the air begins to improve with the arrival of a cold front on Thursday.

The World Health Organization designates the safe level for the tiny, poisonous particles at 25.

Along with limiting cars to driving every other day depending on the last number of their license plate, a raft of other restrictions will seek to reduce the amount of dust and other particulate matter in the city of 22.5 million people.

Officials said extra subway trains and buses would be added to handle the additional strain on public transport.

Schools were advised to close, but some were choosing to stay

open if they felt they had adequate air filtration systems.

It's the second time this month that notoriously polluted Beijing has experienced a prolonged bout of smog, sending PM2.5 levels in the suburbs as high as 976 micrograms.

Beijing was also shrouded in persistent smog for most of November, when power demand soared due to unusually cold weather.

THE ASSOCIATED PRESS

# 1.4M

**A study led by atmospheric chemist Jos Lelieveld of Germany's Max Planck Institute estimated that 1.4 million people each year die prematurely because of pollution in China.**



**Visitors, some wearing masks to protect themselves from pollutants, take a selfie at the Jingshan Park on a polluted day in Beijing.** ANDY WONG/THE ASSOCIATED PRESS.

## IN BRIEF

### France's National Party sweeps regional elections

France's far-right, anti-establishment National Front has ridden a wave of anger over migration and extremist attacks into the political mainstream. THE ASSOCIATED PRESS

### U.K.'s Muslim community rallies around viral slogan

It's become the rallying cry of many defending the faith: "You ain't no Muslim, bruv." The comment, heard in a video following a stabbing at a London train station, has been trending on Twitter and adopted by PM David Cameron. THE ASSOCIATED PRESS

## RACIAL INEQUALITY

### U.S. to launch police probe in Chicago

The Justice Department will investigate patterns of racial disparity in the use of force by Chicago police officers as part of a wide-ranging probe that could lead to calls for sweeping changes at one of the country's largest police departments, the U.S. attorney general announced Monday.

The investigation comes nearly two weeks after the release of a video showing a white Chicago police officer shooting a black teenager 16 times and the

same day prosecutors declined to charge another officer in the shooting death of a 25-year-old black man who authorities said was armed with a gun as he ran away from officers.

"This mistrust from members of the community makes it more difficult to gain help within investigations," Attorney General Loretta Lynch said. "And when suspicion and hostility is allowed to fester, it can erupt into unrest."

THE ASSOCIATED PRESS



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**BRITAIN STORM LEAVES DISASTER IN ITS WAKE** A man stands in the doorway of a flooded house in Carlisle, northern England, on Sunday. Another man was killed as Storm Desmond whipped across Britain, bringing heavy rain, strong winds and flooding to parts of the country. The military has been called in, and has been helping evacuate people from their homes. Some 55,000 people were left without power, 40 schools were closed Monday and a main rail line between England and Scotland is likely to remain shut until at least Wednesday.

PHOTO: PAUL ELLIS/AFP/GETTY IMAGES; TEXT: AFP/GETTY IMAGES/THE CANADIAN PRESS

# Millions from U.S. fund settlements

## WEST BANK

### Donors are subsidizing opposition: investigation

Private American donors have pumped more than \$220 million into Jewish West Bank settlements in recent years through tax-deductible donations, effectively subsidizing a policy opposed by U.S. administrations for decades, according to an investigation published in an Israeli newspaper on Monday.

The Haaretz daily found some 50 non-profit organizations from across the U.S. were raising funds for settlements in the West Bank, an area the Palestinians want as part of a future state, along with east Jerusalem and the Gaza Strip. Israel captured all three areas in the 1967 Mideast war.

The newspaper said the money's tax-deductible status

means the U.S. government "is incentivizing and indirectly supporting the Israeli settlement movement," even though Washington opposes settlement construction and views it as an obstacle to peace with the Palestinians.

Peace talks collapsed last year and a wave of Israeli-Palestinian violence is entering its third month. Near-daily Palestinian attacks, mostly stabbings, have killed 19 Israelis, while more than 108 Palestinians have been killed. They include 73 people said by Israel to be attackers, with the remainder killed in clashes with Israeli troops.

Over the weekend, U.S. Secretary of State John Kerry warned that continued settlement construction and other Israeli policies in the West Bank could endanger Israel's future

as a Jewish, democratic state.

The Haaretz investigation found that some of the money sent by American donors has gone toward providing legal aid to extremist Jews through an Israeli group called Honenu.

The report also said some of the money was spent on paying the salary of settler leader Menachem Livni, an Israeli jailed in connection with his activities in a radical Jewish group that carried out attacks against Palestinians in the 1980s. The money has otherwise gone to acquiring buildings in the West Bank and east Jerusalem and improving the living conditions of Jewish settlers, the report said.

The report reviewed funds donated from 2009-2013, the latest year for which there is extensive data, the newspaper said. THE ASSOCIATED PRESS



**The one-state solution is no solution at all for a secure, Jewish, democratic Israel.**

U.S. Secretary of State John Kerry

## IN BRIEF

### Germany registers 965,000 asylum-seekers

The number of people registered as asylum-seekers in Germany this year hit 965,000 by the end of November, well above a forecast for the whole year. THE ASSOCIATED PRESS

### UN agencies, partners to seek more than \$20B

Top UN agencies and their partners in 2016 will seek more than \$20 billion in funding — the largest humanitarian appeal ever. THE ASSOCIATED PRESS

## VENEZUELA

### Opposition party wins Congress

Venezuela's opposition is now waiting anxiously for the final legislative elections tally to see whether it secured a two-thirds super-majority that could dramatically wrest power from President Nicolas Maduro after 17 years of socialist rule.

The Democratic Unity opposition alliance declared Monday that it won the minimum number of seats needed to initiate a process to remove Maduro.

The opposition coalition won at least 99 seats in the incoming 167-seat legislature, electoral authorities announced after midnight Sunday.

The opposition coalition needs 13 of the 22 undecided races to give it the super-majority needed to sack Supreme Court justices, initiate a referendum to revoke Maduro's mandate and even convoke an assembly to rewrite Hugo Chavez's 1999 constitution.

THE ASSOCIATED PRESS

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# CBC hopes for better year



The CBC building in Toronto. With a more CBC-friendly Liberal government now holding the purse strings, things could finally be looking up for the public broadcaster. THE CANADIAN PRESS FILE

## MEDIA

### Scandals, steep budget cuts in 2015 took toll on broadcaster

It's been a heck of a year for the CBC — a scathing report denounced managers for their handling of the Jian Ghomeshi affair while former anchors Amanda Lang and Evan Solomon faced controversies of their own.

All the while, the CBC continued to grapple with steep budget cuts that slashed news broadcasts, gutted sports and documentary divisions and put for sale signs in front of aging facilities.

But with a more CBC-friendly Liberal government now holding the purse strings, could things finally be looking up for the beleaguered public broadcaster?

Many observers seem to think so.

"The people that are the custodians of this publicly owned institution no longer seem to hate it," said former Fifth Estate host Linden MacIntyre, who retired from the CBC in 2014 amid a round of cuts.

"In the same way that the darkness seeped into the institution during the (former prime minister Stephen) Harper era, the light is now going to seep through. And it does have a warming and enlightening effect."

Newly minted Prime Minister Justin Trudeau has promised to restore \$150 million in annual funding that was cut from CBC/Radio-Canada during the Harper years.

Years of budget and staff cuts have taken a toll on employees, said MacIntyre, who pointed to "an ever-increasing morale problem."

A series of embarrassing scandals haven't helped, with Lang's final year tainted by allegations of impropriety concerning her ties to a Royal Bank of Canada board member.

Ian Morrison, a spokesman for the pro-CBC group Friends of Canadian Broadcasting, however questioned whether the extra \$150 million in annual funding would be enough to turn things around. And MacIntyre said he'd want to know what CBC would do with the funds, noting that the board of directors is still "stacked" with Harper appointees.

THE CANADIAN PRESS



Jian Ghomeshi, fired in 2014, will face trial starting Feb. 1 next year. THE CANADIAN PRESS

## IN BRIEF

### Canada wins meat dispute

Canada's beef and pork sectors are welcoming a World Trade Organization ruling that allows Canada and Mexico to impose \$1 billion in annual tariffs on U.S. products.

THE CANADIAN PRESS

### Provinces sign pact

Manitoba has signed an agreement with Ontario and Quebec to link their cap-and-trade systems at the climate change conference in Paris.

THE CANADIAN PRESS

## market minute

	<b>DOLLAR</b> 74¢ (-0.76¢)
	<b>TSX</b> 13,042.83 (-315.94)
	<b>OIL</b> \$37.65 US (-\$2.32)
	<b>GOLD</b> \$1,075.20 US (-\$8.90)

**NATURAL GAS:** \$2.067 US (-8.9¢)  
**DOW JONES:** 17,730.51 (-117.12)

## INTERNET TRAFFIC

# Streaming video hogs 70 per cent of downloads: Report

Streaming has taken over the Internet and now accounts for more than 70 per cent of North American downloads at peak times, up from less than 35 per cent in 2010, according to a report from broadband services company Sandvine.

Netflix makes up a huge part of Internet downloads, the company said, with the streaming

service accounting for 37.1 per cent of all downstream traffic in North America during September and October.

YouTube accounted for the second-largest share of download traffic, at 17.9 per cent, followed by regular Internet browsing at 6.1 per cent.

As streaming sites have risen in popularity, the BitTorrent file-

# 37.1%

The percentage of downstream traffic accounted for by Netflix users in North America during September and October.

sharing service — which some blame for the proliferation of pirated content online — has declined in its share of overall Internet traffic.

BitTorrent still accounts for more than a quarter of upload traffic, which is substantially lower than download traffic, in part because of the its peer-to-peer design that sees users share

parts of files with each other.

Yet the file-sharing service now accounts for less than five per cent of total Internet traffic, down from 31 per cent in 2008.

Despite data caps and small screens, audio and video streaming is also the biggest slice of mobile Internet traffic, accounting for 36.98 per cent of overall traffic at peak times.

YouTube was the biggest contributor to mobile downloads, followed by Facebook and web browsing.

Sandvine provides traffic management services to more than 250 Internet providers around the world, and regularly compiles the traffic data from its customers into reports.

THE CANADIAN PRESS

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## COFFEE

# Keurig being sold for \$14B

The battle over the world's coffee drinkers is getting hotter.

Keurig, the maker of single-cup coffee machines sitting on millions of kitchen counters, agreed to sell itself Monday for almost \$14 billion US to JAB Holding Co., a private company with a growing java business.

Fans of Keurig may not see much of a difference in their caffeine fix. JAB Holding said Keurig will operate independently and remain in its headquarters in Vermont.

The Keurig deal will boost JAB Holding's already robust coffee empire. The Luxembourg-based company has a controlling stake in Jacobs Douwe Egberts, the company behind Gevalia, Tassimo and many other brands.

Buying Keurig will get JAB



Sales of Keurig machines and K-cups have been slowing.

THE ASSOCIATED PRESS FILE

Holding closer to coffee market leader Nestle, said Stifel analyst Mark Astrachan, in a note to clients. He also said that JAB Holding may try to sell more Keurig brewing ma-

chines internationally.

The deal comes as Keurig has reported slowing sales of its machines and K-cups, the coffee-filled pods that are used in Keurig's machines. Sales of K-cups, which accounted for more than 80 per cent of Keurig's revenue, rose 1 per cent to \$3.6 billion US in the year ending Sept. 26. Sales of its machines fell 23 per cent to \$632.6 million US in the same period.

But JAB Holding sees value in Keurig: It offered \$92 US for each share of Keurig, a 78 per cent premium from the stock's closing price of \$51.70 US on Friday. The deal jolted shares of Keurig Green Mountain Inc. up more than 73 per cent in trading Monday.

THE ASSOCIATED PRESS



## EMMA TEITEL: ON SEASONAL SOFT-PEDALLING

**Enough with the Happy holidays already. We all know what that phrase means. So own it.**

Merry Christmas or happy holidays? Which season's greeting — the Christian or the non-denominational — should you use in polite conversation with strangers at the mall or acquaintances at the office?

Conventional liberal wisdom tells us that happy holidays is the correct greeting, as not everyone celebrates Christmas, and assuming they do is presumptuous and anti-pluralist. Conventional conservative wisdom, meanwhile, dictates the opposite: there is no harm in wishing a stranger Merry Christmas, because most people in North America are Christians anyway, so your chances of offending somebody are fairly slim (And besides, people are just too sensitive these days.)

Some traditionalists, like U.S. presidential candidate Donald Trump, take the conservative, unapologetic Christmas stance to the extreme. When Trump discovered last month that Starbucks released a new line of plain red, holiday coffee cups devoid of the usual Christmas imagery (wreaths, reindeer etc.) the tawny Republican businessman contemplated launching a boycott of the coffee chain.

As a Jew who has never celebrated Christmas, I should probably appreciate Starbucks' new line of inclusive cups and the concerted effort



**Tongue-tied at Yuletide.** Ever feel like you're awash in Santas but don't want to offend anybody by saying Merry Christmas? Maybe just go with it.

BALAZS MOHAI/MTI VIA ASSOCIATED PRESS

by shopkeepers and bank tellers to say happy holidays instead of Merry Christmas. But every year I find myself growing increasingly uncomfortable with happy holidays and warming up to Merry Christmas as a catch-all greeting in public. Unlike Trump, however, my discomfort with happy holidays doesn't stem from the notion that the phrase is too inclusive, but rather that it isn't inclusive at all.

The truth is that there is nothing non-denominational or neutral about "happy holidays" when the greeting is consistently offered in a sea of red and green. When you buy a Starbucks latte in a bright red holiday cup, or are handed a candy cane by your bank teller who wishes you "happy holidays," you know very well the sentiment is not Happy Hanukkah or Happy Diwali, but Merry Christmas! When you go to Pier 1 and every scented candle smells like "mulled wine," "pine needles," and "peppermint crème," you

know you aren't smelling Hanukkah or Kwanza: you're smelling Christmas! "Happy holidays" and the culture that permeates the phrase, from neutral coffee cups, to inflatable reindeer in the shopping mall (as opposed to nativity scenes) are not symbols of inclusivity, they are slightly watered down odes to Christmas; a way in which well-meaning liberal Christians and corporations can have their Christmas cake and eat it, too. If it looks like Christmas, smells like Christmas and sounds like Christmas — it's Christmas! So you might as well just come out and say it: Merry Christmas.

This doesn't mean Jews, Muslims, Hindus and other groups who don't celebrate the birth of Christ suffer a great injustice every time they go to the mall or the bank, or Pier 1 during the holidays. (As far as scented candles go, the only thing I can imagine grosser than a mulled wine candle is a candle that smells like Manischewitz). What we

do experience, rather, is the illusion of inclusivity. Take greeting cards as a prime example. Almost every time I enter a mainstream greeting card store and ask where the Hanukkah cards are I am told the following — "We don't have any Hanukkah-specific cards, but we do have several neutral, 'happy holidays' cards." I am then pointed toward a stack of greeting cards that are awash in Christmas colours and decked out with snowmen, wreaths, stockings, gingerbread men — and all manner of sparkly things that are decidedly un-Kosher. "Happy holidays" is not religion neutral; it is Christmas lite.

It is unrealistic and frankly unreasonable to expect stores to carry a wide variety of Hanukkah cards for what is a very small religious minority, just as it is unrealistic to expect businesses and community centres to adorn their walls with stars of David. But it isn't the lack of non-Christmas-themed items and decorations I take umbrage with. It's the phoney nod to religious pluralism; the belief that substituting a Christian phrase with a neutral one will neutralize the culture around it. It pains me greatly to write this, but perhaps where season greetings are concerned Donald Trump is correct.

Better a heartfelt "Merry Christmas" than a disingenuous "happy holidays."

**Emma Teitel** is a national columnist for the Toronto Star. She has been a front-of-the-book columnist for Maclean's magazine for the past four years, focusing on a wide range of subjects including women's issues and popular culture. She won the National Magazine Awards gold award for columns in 2013.

## ROSEMARY WESTWOOD

metroview

**With ISIL, we need to fight fire with nuance, not just airstrikes**

The municipal budget includes line items for income from stolen sheep, cows and houses. That's on top of taxes levied, according to a former resident, just about any time the authorities felt like it.

And you thought you hated the taxman.

The budget would be funny if it didn't come from ISIL. The document is one of many obtained by Aymenn al-Tamimi, a research fellow at the Middle East Forum.

It's fascinating not just for its odd list of revenues and expenditures (about half of the former from selling stolen antiquities, about half of the latter funnelled to militants) but because it was smuggled out of ISIL territory in Syria. And in the hands of the Planet Money radio program, the document becomes the backbone for a behind-the-scenes look at the idiosyncratic bureaucracy of a terrorist state.

For example, there's a minister of antiquities whose job it is to regulate the looting of ancient artifacts. Looters even need special certificates.

This is just one of the little windows we're getting into the domestic side of ISIL. The Guardian published a story yesterday revealing a leaked memo that spells out the group's vision of statehood, including the creation of government departments, a propaganda operation and a foreign-relations strategy.

In a widely circulated New

York Times article, people who've fled ISIL-controlled towns describe disarray and an authority not all that great at actually running a state. These stories are crucial to fighting terrorism. And in politics, they're being ignored.

Debates on how to defeat ISIL focus heavily on military action — from President Obama preaching resolve on national TV Sunday night to the Conservatives demanding airstrikes during the first question period Monday — and that leaves the public with a skewed view.

War only offers a destructive solution. It doesn't explain how to give stability and order to the lives of those currently paying taxes to ISIL. It doesn't refute the twisted ideology of a group purporting to be as dedicated to sustaining as it is to killing.

"Death cult" has become a fashionable phrase for ISIL that, while technically accurate, isn't exactly descriptive of a group collecting taxes, handing out salaries and drafting a municipal budget.

If we refuse to see the most complete picture we can draw of ISIL how can we beat it?

As if fulfilling the prophecy of the war rhetoric, a majority of Americans now approve sending in ground troops.

The public, in the end, deserves more nuance from politicians and the media. And so far, the media is the only one doing its job.



**There is nothing non-denominational or neutral about "Happy holidays" when the greeting is consistently offered in a sea of red and green.**

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## It's OK! Eat, drink and be merry

### CHRISTMAS DINNER

### How to join the turkey and stockings and get pleasantly stuffed

When it comes to stuffing your face, there's a time and place.

That time? The holidays. That place? Probably your family dining room table.

"I couldn't care less about calories," says Shauna Lindzon, a Toronto-based registered dietitian. "When you're with your family, you're there to enjoy your family and have fun."

Instead of beating yourself up over an expanding waistline, Lindzon advocates for mindful holiday eating and shrewd plate building strategies.

"My tip is to fill up half the plate with at least two different-coloured vegetables," she says. "That provides our fibre. So that will help keep us full."

The remainder of the plate should be one-quarter protein — be it turkey, ham, salmon or a vegetarian chili — and the other quarter whole grains, such as quinoa, she says.

If you really want to pack in the nutrients, choose cranberry sauce over gravy and eat mashed potatoes with the skins on, if possible.

As for alcohol, Lindzon prefers people eat their calories, not drink them.

If you're going to imbibe, drink water or sparkling water between drinks — this will help keep you hydrated, hopefully softening the blow of the hangover the next day, she says. If you really want to play it safe, she recommends steering clear of alcoholic drinks mixed with pop, and choose white wine spritzers instead. Try not to have more than one drink an hour to give your liver a chance to process the alcohol. Another tip: ranking your desserts.

"If you're not so into it — if you would rate it a two or a three out of 10 — forego it," says Lindzon. If you love chocolate cake and you would rate that as your 10/10 most delicious treat, eat the whole thing." TORSTAR NEWS SERVICE

### FESTIVE FOODS WHAT A 200-CALORIE SERVING LOOKS LIKE

#### BRUSSELS SPROUTS

25 sprouts (496 g)  
2.5 g fat, 9 g sugar



#### MASHED POTATO

250 mL,  
8 g fat,  
1.2 g sugar



#### FRUITCAKE

60 g, 5.6 g fat,  
17.9 g sugar



#### CRANBERRY SAUCE

125 mL, 0.2 g fat,  
55 g sugar



#### RED WINE

237 mL, 0 g fat,  
1.4 g sugar



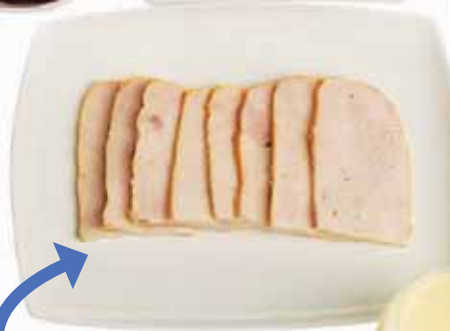
#### HOT CHOCOLATE

(made with 2 per cent milk) 250 mL,  
6 g fat, 25 g sugar



#### ROASTED TURKEY BREAST

170 g, 2.8 g fat, 0 g sugar



#### EGGNOG

160 mL, 15 g fat,  
15 g sugar



#### GINGERBREAD COOKIE

45 g, 11 g fat,  
17 g sugar



ULTIMATELY, JUST CHILL OUT  
"It's only one day out of the year. It matters how you eat the other 364 days," says dietitian Shauna Lindzon.

NUTRITIONAL INFORMATION VARIES DEPENDING ON PREPARATION

Weeknights at 6 Hannah counts down the HOTTEST songs of the day.

**TOP SIX@6 LAST NIGHT:**

- 6 Shawn Mendes ft Camila Cabello  
I Know What You Did Last Summer
- 5 Classified ft Snoop Dogg  
No Pressure
- 4 Ariana Grande  
Focus
- 3 Daya  
Hideaway
- 2 Justin Bieber  
Sorry
- 1 Adele  
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DRAC	GANDHI	CM	2	9	8	5	7	6	1	4	3
HAVE	ADORE	OR	5	4	1	8	3	9	7	2	6
UNIT	SHED	MAKERS	3	6	7	2	1	4	8	9	5
IDEA	ON	A	8	1	4	3	2	5	6	7	9
DISCON	CEP	TED	7	5	6	9	4	1	2	3	8
OP	HER	EL	9	3	2	7	6	8	4	5	1
BAN	CHER	EL	4	8	9	1	5	2	3	6	7
ALTO	WEST	AL	1	2	3	6	9	7	5	8	4
NAV	MAN	AGE	6	7	5	4	8	3	9	1	2
BRE	AM	T									
Y	VOCAL	QU									
ET	YOU	EDITH									
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AU	AU	RO									
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# Are you a grown-up?

## LISTS

### 33 ways to tell if you're an adult — in case you're not sure

**Sofi Papamarko**  
Torstar News Service

Remember the 1980s comedy *Big* where Tom Hanks (a 12-year-old boy in a thirty-something man's body) does such ridiculous things as play with toys, ride roller-coasters and wear jeans to work?

Since those heady days of shoulder pads and charting Huey Lewis singles, the lines between adolescence and adulthood have become increasingly blurred. So put aside your colouring book and read on for some ways to tell if you're a real, live grown-up.

1. You realize with dismay that it's too late for you to become a professional figure skater, competitive gymnast or international rock star — even if you start practicing today.

2. You start pickling things that are not your liver.

3. You have matching dishes, cutlery, towels and/or socks.

4. You purchase a slow cooker and are really excited about it.

5. You purchase a cordless vacuum and are really excited about it.

6. You purchase a mortar and pestle and are really excited about it.

7. You use the aforementioned mortar and pestle to grind herbs you grew yourself in your window garden and later dried on your reclaimed wood harvest table.

8. You've stopped listening to any and all music that came out after 2009 (except for the oeuvre of Taylor Swift, which you own none of but have somehow managed to memorize by sheer osmosis).

9. Sheryl Crow really speaks to you.

10. You have an RRSP, a TFSA, a CA and an IUD.

11. Revelation: the sooner you go to bed, the sooner you can eat breakfast!

12. You've stopped caring what other people think. Mostly.

13. You won't even look at apartments that don't have air conditioning and a dishwasher.

14. Reitmans is actually carry-

ing some pretty cute stuff this season, you guys!

15. You find yourself telling white lies to small children for your own amusement.

16. You look forward to cleaning. Not for the act itself so much as for the satisfying results.

17. You have strong opinions on olive oil.

18. You casually drop Saturday Night Live references from the 1990s and your twenty-something colleagues have no idea what you're talking about. No one invites you to lunch.

19. A hangover now lasts two to four months.

20. You still eat macaroni and cheese sometimes, but you toss in basil and sun-dried tomatoes or add panko and Sriracha to really just class it up.

21. The only thing better than napping is ... no. No, I've got nothing.

22. It blows your mind that you do whatever you want to do within the limits of the law, but what you mostly do is watch Netflix and fall asleep on your couch at 10 p.m.

23. Back-to-school commercials fill you with nostalgia.

24. Salt and pepper? No thank you! Freshly ground peppercorns

and Himalayan pink salt? Yes we can!

25. You remember when overalls were cool, and then not-cool, and then cool again.

26. Your body feels like a giant bruise for two full days after you go to the gym. Once you start to recover, it's time to go back to the gym.

27. You're older now than your parents were when they had you.

28. You purchase concert tickets based solely on two factors: Is there cushy seating? How far is the venue from my couch? (Conclusions: it is not worth going to any concerts not held at Massey Hall or in your living room.)

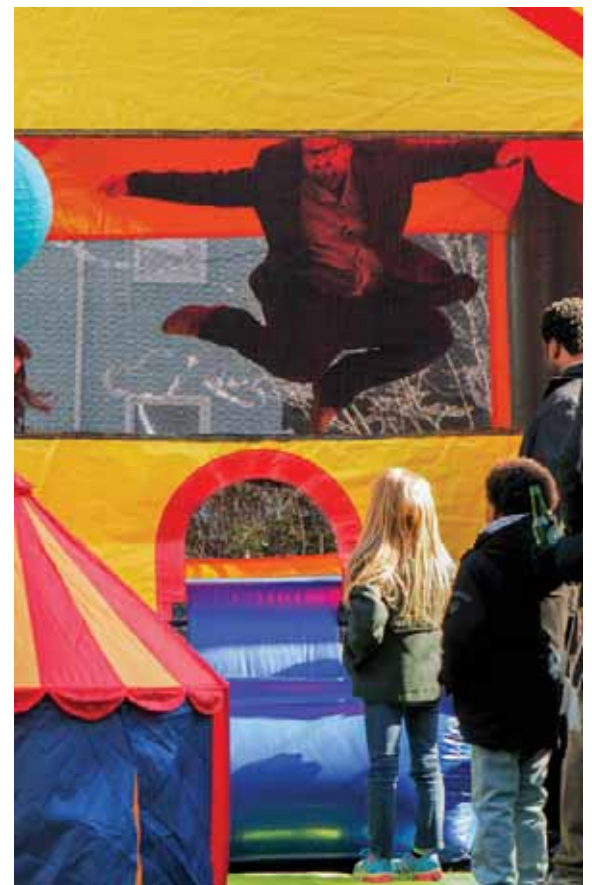
29. The show *Friends* seems unfunny and dated. When did that happen? (Answer: 2008)

30. You're unreasonably excited about your artisanal ice cube tray.

31. You buy all sorts of fancy cookbooks by celebrity chefs but only ever make the easiest sounding ones that don't require a double boiler or Dutch oven or too many pots and pans that you have to wash later.

32. Brussels sprouts are actually kind of delicious, if you know how to cook them/add bacon.

33. It's OK to use the nice soap.



Eric Wareheim plays a very large manchild in Netflix's *Master of None*. HANDOUT

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\*Some conditions apply. Offer valid until January 31, 2016.

## Secure your home for the holidays

Christmas is a wonderful time of year filled with fun and festivities, but it's also a busy time for burglars.

"The best protection during the holidays combines automated security and common sense," says Paul Ingram, of Wilsons Security.

He recommends following a checklist before leaving on a holiday trip.

Avoid giving obvious clues to burglars (empty gift boxes for garbage pickup, a mountain of gifts visible in the front window, travel details on your answering machine or Facebook page).

When going away, ask someone to check your home regularly. Set up email notifications so you are automatically notified when they enter their personal code to turn off the alarm system.

Never hide a key under the front door mat — burglars know to check there.

Give your home a lived-in look by putting Christmas (and other) lights on a schedule —



CONTRIBUTED

turning on at dusk and off at midnight.

Set up a camera and "virtual fence" so that if someone is snooping and wanders inside the fence, a camera automatically takes a short video clip of what it sees and sends it to your email address.

Use the security system to monitor other potential problems. Connect a smoke detector, low temperature sensors and flood detectors to the security system so the central monitoring station is notified if there's a problem.

"The beauty of automated security systems today," Ingram says, "is that it's like having someone in your house watching everything all the time."

For more information, contact Wilsons Security at [www.wilsonsecurity.ca](http://www.wilsonsecurity.ca), or call 902-453-3388.



# There's no illusion in tempting fate

## THE TRICK WITH THE GUN

### Doc gives close-up look at a deadly sleight of hand

**Richard Crouse**  
For Metro Canada



Scott Hammell did the unthinkable. He asked someone to load a gun, point it at him and pull the trigger. He doesn't have a death wish, he's a magician and the subject of a new documentary, *The Trick with the Gun*, that details the planning and performing of the most dangerous illusion ever devised, the Bullet Catch.

Fourteen magicians have died attempting it and the most famous conjurer of all time, Houdini, never even tried it. Hammell says the trick is risky but, "there are safe ways of doing things that are seemingly extremely dangerous."

He adds, "obviously things can go wrong and that can have

a catastrophic chain reaction."

There is always room for error and sometimes magicians get hurt or even killed on stage.

Hammell gave Metro an exclusive list of the five most dangerous — and potentially fatal — tricks ever performed on stage.

#### Spike

"It starts with a spike sticking through a piece of wood covered with a paper cup or a paper bag. The audience mixes them up and one-by-one the magician slams his or her hands down on the other identical looking cups or bags. The idea is to leave the last bag and you remove it to show the spike still there.

"I cringe whenever I see that. Magicians work with their hands and you screw that up and there goes your career."

#### Russian Roulette

"A mentalist from Britain called Maurice Fogel used six guns all with live bullets. He would take one of the guns and fire it at a balloon or dinner plate to prove it was loaded.

"He'd then mix up the guns and choose the gun he wanted



Filmmaker Chris Gudgeon, left, and Scott Hammell at their first shooting lesson. CONTRIBUTED

pointed at him. On the count of three the marksmen would pull the triggers and hopefully the one pointed at him is empty. He screwed that one up three times.

"Got shot just above the eye one time and in the chest another time."

#### Houdini's Water Torture Cell

"The underwater stuff can be really dangerous because it's hard to communicate with your assistants if something goes wrong.

"If something does go wrong chances are you're finding out

about it at the last minute, which does not give them much time to get you out and resuscitate you."

#### Buried Alive

"This trick dates back thousands of years and has definitely cost a few magicians their

lives. Joseph Burrus attempted to perform it on Halloween, the anniversary of Houdini's death. I guess he didn't account for the weight of the cement he was being buried in.

"They couldn't get him out in time and unfortunately he suffocated.

"Sometimes you get so wrapped up in a trick you forget the little details which turn out to be the big details."

#### The Bullet Catch

"This is the one that has certainly cost the most magicians their lives.

"Penn and Teller call it the most dangerous trick in show business, beyond just magic. I would tend to agree.

"I'm not too familiar with the stunt world but I don't think there are too many stunts in movies or television that have cost so many people their lives and yet people continue to do it."

Watch Hammell perform the world's most dangerous trick in *The Trick with the Gun* on Vimeo-On-Demand or on Super Channel starting Tuesday, December 8.

## Selma Domestic Medium Hair

Four-year-old Selma arrived in late October with a badly broken front leg — by all indications due to intentional cruelty. Unfortunately, it had to be amputated. This three-legged sweetheart is now recovering nicely. She has lovely soft grey and buff fur and pale green eyes. One would never imagine she's experienced such cruelty given her loving and trusting nature. She takes immediately to people she's only just met and loves attention — especially a gentle rub on the tip of her nose. Three-legged animals adapt brilliantly; we expect her to be in top shape soon. For now, she is waiting patiently for her new forever home.

**Do you have room in your heart and home for Selma?**



For more information on Selma and other adoptable furry friends, visit [www.spcans.ca/dartmouthshelter](http://www.spcans.ca/dartmouthshelter) or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or [dartmouth@spcans.ca](mailto:dartmouth@spcans.ca)

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## JOHANNA SCHNELLER WHAT I'M WATCHING

# The long, lonely hours of a magician

## THE TRICK WITH THE GUN (multiple showings, Superchannels 1, 2, 3 and 4)

Early in this documentary about Canadian magician Scott Hammell's attempt to perform a classic trick, *The Bullet Catch*, the narrator (the film's director, Michael McNamara) lists the records that Hammell holds in the Guinness World Book, accompanied by video of said events: Highest Suspension Straightjacket Escape (dangling from a helicopter). Longest Inverted Juggling. World's Fastest-Moving Card Trick (performed while skydiving). Highest Blindfolded Straightjacket Escape. All of which Hammell accomplished by age 30.

Now he's turning to the notorious Bullet Catch — first performed in the 1600s, it involves either fake or real bullets being shot at a magician, who catches them in his teeth or hand — to lift him to the next level. (Hammell will use a real bullet.)

The theme of death runs through magic — all that sub-



Scott Hammell trains for a skydiving escape. HANDOUT

merging and disappearing and being sawn in half.

"A magician escapes death every night," someone says. As do all who wake up, you realize.

But despite the many interesting musings on mortality and what an artist is willing to do for her art, I kept returning to the practice element.

Not the death-defying stunt itself, but the hours and hours

of repetitive, lonely work it takes to get there.

As a fellow magician puts it, "practice 'til you reach a competency that is mind-blowing."

Contemplating what a "longest inverted juggling" record really means — all those hours, upside down, to earn a stat that means something to a mere handful of people, that can be shattered tomorrow — yeah, my mind was blown.



Denver Broncos QB Peyton Manning will suit up and throw outdoors this week as he begins his comeback from a torn plantar fascia

## Going from first to worst

CFL

### Jones takes head coach/GM position with Roughriders

Chris Jones comes from the southern United States, where football is akin to religion. He sees the same dedication to the sport in his new CFL home.

Jones was introduced Monday as the new head coach, general manager and vice-president

of football operations of the Saskatchewan Roughriders, ending weeks of speculation about the Grey Cup-winning coach's future.

Jones, who led the Edmonton Eskimos to a CFL championship this season, says he's looking forward to working in Saskatchewan, which boasts a fervent fan base.

"I'm from a little, small place down in Tennessee, town called South Pittsburg ... and to have this opportunity, I woke up this morning with a smile on my face," Jones said at a news conference at Mosaic Stadium in Regina.

"Football matters a whole lot down south, and it matters a whole lot here, and that hinged a lot on my decision."

Jones will have his work cut out for him, inheriting a

Roughriders team that struggled mightily last season en route to a league-worst 3-15 record.

Saskatchewan spent half of last season with interim tags on both its head coach and GM after the organization fired coach Corey Chamblin and GM Brendan Taman in September.

Jones wouldn't speculate on his vision for the Riders' future.

"I'm not going to sit here and make any bold predictions or anything like that," he said. "I can tell you that we're going to put a really high-quality, high-character staff

together that enjoys being around each other. We're going to bring in good people first, that happen to be good football players and we're just going to go to work."

He says there are good players on the roster and it's a matter of adding to an already good product. However, he adds the salary cap "will dictate who can stay and who has to go."

Riders president and CEO Craig Reynolds said Jones is a winner.

"He's a great leader and he's had a track record of success where

**"This is an opportunity for him to grow professionally and I wish him well in his future endeavours."**

Eskimos GM Ed Hervey



A little more than a week after winning the Grey Cup with the Eskimos, Chris Jones is on the move to Regina. ABOVE: MICHAEL BELL/THE CANADIAN PRESS; LEFT: JASON FRANSON/THE CANADIAN PRESS

ever he's been," said Reynolds.

Jones has had success at each of his CFL stops since entering the league in 2002 as a defensive line coach with the Montreal Alouettes. After the Alouettes won the Grey Cup in 2002, he was defensive coordinator Calgary's cham-

pionship-winning team in 2008, and defensive co-ordinator, assistant head coach and assistant GM of Toronto's Grey Cup team in 2012.

He has already demonstrated his ability to turn around a troubled team. The Eskimos had just posted a 4-14 record when Jones took over after the 2013 season. Two years later, they

defeated the Ottawa Redblacks 26-20 to win their first Grey Cup title in a decade.

Jones says he debated staying in Edmonton, but the decision ultimately came down to the chance to do his own thing in Saskatchewan. "When an opportunity like this presents itself, you have to jump at it," he said.

THE CANADIAN PRESS

### TRADE TALK

#### Miley headed to Seattle in Red Sox-Mariners trade

The Seattle Mariners obtained left-hander Wade Miley and reliever Jonathan Aro from the Boston Red Sox on Monday for reliever Carson Smith and pitcher Roenis Elias in the first trade announced at the winter meetings.

Acquired from Arizona during the week of last year's winter meetings, the 29-year-old Miley was 11-11 with a 4.46 ERA in his only season with the Red Sox. THE ASSOCIATED PRESS

MLB

## Dodgers arm pitching staff with Cuban Missile



Aroldis Chapman has been named an all-star each of the last four seasons. GETTY IMAGES FILE

The Cincinnati Reds agreed to trade hard-throwing closer Aroldis Chapman to the Los Angeles Dodgers, pending approval of medical records, according to a person familiar with the deal.

The person spoke on condition of anonymity Monday because the agreement, first reported by Fox, had not been announced.

Chapman, a 27-year-old left-hander, is eligible for free agency after next year's World Series. He threw the 62 fastest pitches in the big leagues this year, ranging from 103.92

m.p.h. to 102.36 m.p.h., according to Major League Baseball's Statcast computer system. Chapman was an all-star in each of the last four seasons. He joins a bullpen that already has closer Kenley Jansen, who like

**116**

The number of strikeouts Chapman posted this past season in just 66-1/3 innings.

Chapman is eligible for salary arbitration this winter and can become a free agent next November. Jansen, 28, has 80 saves during the last two seasons.

After defecting from Cuba in 2009, Chapman spent the last six seasons with the Reds and saved 146 games in 164 chances. He had a 1.63 ERA this year, when he struck out 116 in 66-1/3 innings.

Seeking their first World Series title since 1988, the retooling Dodgers replaced manager Don Mattingly with Dave Roberts. THE ASSOCIATED PRESS



# Time is precious for Phaneuf as 400 looms

NHL

## Leafs captain looks at fleeting career ahead of milestone game

Time flies. That's how Dion Phaneuf sees his time with the Maple Leafs as he approaches his 400th game in blue and white against the New Jersey Devils Tuesday.

"I look back, and really it does go fast," said Phaneuf. "I remember Iggy (Jarome Iginla) telling me in my first year in Calgary, he told me to just enjoy it, enjoy every minute of it, because your eight, 10 years in like that."

Phaneuf snapped his finger. "It does go fast, you've got to enjoy it." By the end of January, Phaneuf will have played six full seasons with the Leafs — more than his time with the Calgary Flames, the team that drafted him ninth overall in 2003.

The 30-year-old has been captain for five seasons, a role he seems far more comfortable with this season playing for a coach — Mike Babcock — who sings his praises regularly.

"Mike is very detailed oriented, you can see it every day," said Phaneuf. "He reinforces what we need to do to have success and it starts with individuals. It's about individuals buying into a team concept. When we do that we have a chance."

"He's done a really good job. I enjoy working for him. I enjoy playing for him."



Dion Phaneuf says he is enjoying every minute of his career because it goes by so fast. He also lauded Leafs coach Michael Babcock's method since taking charge. CLAUS ANDERSEN/GETTY IMAGES

I think there's lots of work yet. I feel we've taken a lot of steps since the start of training camp."

When Babcock took the reins in the summer, he made it clear he wanted to make it "safe" for players to play here, and he pointed out how much he liked Phaneuf and promised Phaneuf would play his best hockey. At the trade deadline, it was widely speculated that the Red Wings wanted to get Phaneuf to bolster their blueline, in part because Babcock was urging the trade be made.

"I think he's playing great," Babcock said of Phaneuf. "He's been great all year long, as a leader, as a person, the way he helps our young

guys, the way he pushes people, he's been great." Phaneuf has two goals and 13 assists, for 15 points while playing some of the best hockey he has ever played for Toronto.

He is among the team leaders in scoring. He has held the lead at some point, with the points lead rotating among Leo Komarov, Morgan Rielly, James van Riemsdyk, Tyler Bozak and Phaneuf. He is delivering heavy-hitting checks at a seemingly greater pace. If there is a remarkable change in Phaneuf's game, he seems calmer on the ice. Not quite as scattered. Doing less, achieving more. His minutes were limited early in the season, but they're creeping up now, especially on nights when the Leafs have a lot of power plays. He's the quarterback of the first unit.

And he's getting points because he has managed to control that slap shot of his. In previous

years, it was anybody's guess where the puck would go after he wound up. Nowadays, the puck stays closer to the ice and on target. Phaneuf has played for three Leaf GMs — Brian Burke, Dave Nonis and Lou Lamoriello. And he's played for four coaches

— Ron Wilson, Randy Carlyle, Peter Horachek and now Babcock. The valleys during his time with the Leafs have been far deeper than the peaks have been high. But Phaneuf believes Babcock's approach

is the right one.

"I think we've played a lot better than our record shows," said Phaneuf. "When we play to our structure, or our system, it gives us a chance. We're in every game." And as for that advice from Iginla all those years ago, is he still enjoying it all? "I am, yeah," said Phaneuf. "I make a living playing a game. I love what I do." TORSTAR NEWS SERVICE



Phaneuf is full of praise for Leafs' coach Michael Babcock  
THE CANADIAN PRESS

## IN BRIEF

### Habs place Semin on waivers due to poor form

The Montreal Canadiens have placed winger Alexander Semin on waivers. Semin, 31, had just a goal and three assists in 15 games this season.

The Canadiens signed the winger to a US\$1.1-million, one-year contract this past summer after the Carolina Hurricanes bought him out. Semin is in his 11th NHL season. THE CANADIAN PRESS

## First star for Ducks' Gibson



John Gibson posted a .968 save percentage. GETTY IMAGES

Goaltender John Gibson of the Anaheim Ducks was named the NHL's first star of the week on Monday, while Nashville defenceman Shea Weber and New Jersey left-winger Mike Cammalleri were also honoured.

Gibson posted a 3-1-0 record with a 0.76 goals-against average, .968 save percentage and two shutouts between Nov. 30 and Sunday. His performance helped lift the Ducks (11-12-5) into fourth place in the Pacific Division.

Weber tied for second among all players with three goals and three assists, including his first career hat trick, to power the Predators to a 1-1-1 record in three contests.

Cammalleri led the NHL with four goals and seven assists in four outings, including three straight multi-point performances, to help the Devils (14-10-3) move into the final wild card spot in the Eastern Conference.

THE CANADIAN PRESS

## metr OBITUARIES

### MILLER, Rhonda Fay (nee Udey)



MILLER (Udey), Rhonda Fay, age 58 of Middle Sackville.

After a courageous battle with ovarian cancer, Rhonda passed away on December 3, 2015 in the Victoria General Hospital, QEII.

Rhonda had a huge network of family, friends and former co-workers who were all very fortunate to have had her in their world. Her huge heart and unique contagious laugh will be so greatly missed.

Left to mourn her loss are her wonderful husband Tim; son Jamee; sisters LeeAnne (Norm), Cindy (Norm), Janine (Matt); brother, Fred (Barkley), step-father Roy (Jean); and several nieces and nephews.

Rhonda is also survived by her in-laws, Elmer and Carol, Darrel (Sharon) and Diana (Ken) and will be missed by her very beloved companion, Lego Jane.

She was predeceased by her parents, Fred and Pauline; and her brother Gene.

Cremation has taken place. A memorial service will be planned to take place in the spring of 2016. Online condolences may be made by visiting the Sackville Chapel at [www.atlanticfuneralhomes.com](http://www.atlanticfuneralhomes.com)

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## RECIPE Chickpea and Cauliflower Curry



PHOTO: MAMA VISHNEI

**Ceri Marsh & Laura Keogh**  
For Metro Canada



Before you even have a chance to tuck into this quick and easy curry, you're going to be won over by its glorious aroma.

**Ready in**  
Prep time: 40 minutes  
**Serves 6**

### Ingredients

- 2 Tbsp coconut oil
- 1 large onion, diced
- 2 cloves garlic, minced
- 1 1/2 inch ginger, minced
- 2 tsp ground coriander
- 2 tsp ground cumin
- 1 tsp ground cinnamon
- 1 tsp ground turmeric
- 1 x 28-ounce can of diced tomatoes
- 1 x 15-ounce can of chickpeas, drained and rinsed
- 1 x 15-ounce can of coconut milk
- 1 medium head of cauliflower, cut into florets

- 2 tsp garam masala
- Salt and pepper to taste
- Handful of fresh chopped cilantro, plus more for garnish

### Directions

**1.** In a large Dutch oven, heat the coconut oil over medium heat. Add onion, garlic and ginger and sauté for about 8 to 10 minutes. Stir in the coriander, cumin, cinnamon and turmeric and cook for about 1 minute.

**2.** Add the tomatoes, chickpeas, coconut milk and cauliflower. Bring mixture to a boil, then reduce the heat to low. Cover and simmer for about 15 minutes. Stir in the garam masala and cook uncovered for 5 to 10 minutes, until it thickens slightly. Season with salt and pepper and stir in fresh cilantro. Serve over brown rice and garnish with a bit more cilantro.

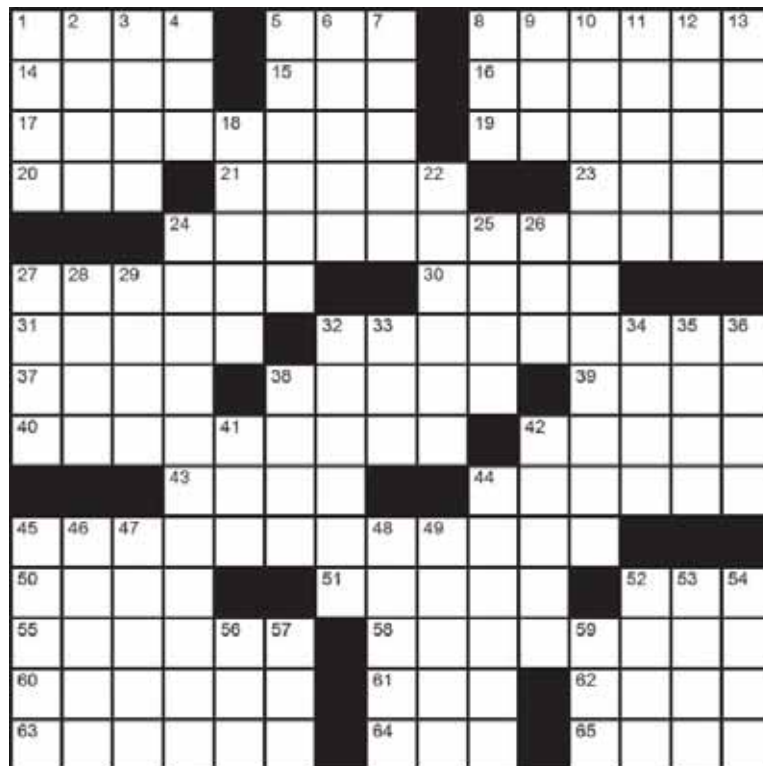
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## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

### ACROSS

- Calgary \_\_, Airport
- Possesses
- Maureen \_\_ (Residences: Homes of Canada's Leaders author)
- Lawn mower brand
- Toronto, \_\_
- Body of work
- Canada Dry product: 2 wds.
- Settle
- Till
- Marketing ploy, e.g.
- Evil group on 1960s spy sitcom "Get Smart"
- Beatles tune
- Alanis Morissette sang for a John Lennon tribute special in 2001: 2 wds.
- Secure
- Lab gel
- Wins
- Individual item
- "It's either her \_\_" (Ultimatum to the unfaithful)
- Plods wearily along
- Olivia of "The Wonder Years"
- Diet advertisement's tape measure locale
- Sorrow [var. sp.]
- Multi-revolution figure skating jump, e.g.
- Mr. Bigalow's
- Specialist in makeup and skin-care: 2 wds.
- Earthenware pot
- Gateway to swipe



- a subway pass
- She's opposite
- Ms. Hepburn
- Nunavik village in northern Quebec meaning "The Giant"
- Stow cargo in a ship's hold
- Affirmative gesture

- Taj Mahal's site
- More nervous
- Edmonton cheer starter, "Gimme \_\_ 'I!"
- React as warm ice

### DOWN

- "The Seven Year \_\_" (1955)

- Court plea, \_\_ contendere
- 1983 Spandau Ballet hit
- High-arc tennis shot
- "Whoopie!"
- Both/either conjunction combo
- Mailing mark
- "The \_\_ Squad"

- Bee's follower
- Exhausted: 2 wds.
- Mineral water brand
- George Clooney's medical TV job: acr. + abbr.
- Actress/singer, Della \_\_
- Eyewear, col-

- loqually
- Freezie flavour
- Topped-with-oats desserts: 2 wds.
- Aussie footwear faves
- NBA's Mavericks, on scoreboards
- Madonna's "Take \_\_"
- Prefix meaning "Trillion"
- James Brown and The Rolling Stones are performers in this 1964 concert film, "\_\_\_\_ Show"
- Microscope specimen holders
- Particle
- Toiletry item
- Classic instrument
- Neithers partners
- Do in, Medieval-style
- "Tsk!"
- Eric Clapton band, \_\_ and the Dominos
- Dupe
- Brag
- Rinse, as with a solvent
- Middle name of astronaut Neil Armstrong
- Ms. Aguilera, to fans
- Fasten the name-tag: 2 wds.
- Massive
- Dixie Chicks hit: "Goodbye \_\_"
- Card game
- Character in Haydn's oratorio The Creation
- Your, fun-style
- Toast spread

## ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
You may do something today that others will not approve of but you won't change course because of it. If anything you will enjoy being singled out for so much attention. Besides, all publicity is good publicity.

**Taurus** April 21 - May 21  
Your daily routine will be interrupted today and you won't be too happy about it. That said, does your life really need to be so regimented? Maybe you should try to relax a bit.

**Gemini** May 22 - June 21  
Why is it that everyone but you seems to have got it wrong? Why is that no one can see what you can see? Whatever the reason, carry on with your own way of doing things.

**Cancer** June 22 - July 23  
Don't try to reason with certain people because whatever you say they will disagree with. It may annoy you that they are so stubborn but you are like that too sometimes.

**Leo** July 24 - Aug. 23  
To some people the current outlook may seem a bit glum but you can see the bright side in even the darkest situation, so make it your aim to remind them that life can still be fun. But if they remain unconvinced don't let them bring you down too.

**Virgo** Aug. 24 - Sept. 23  
Don't let someone's selfishness or stupidity get to you today. Stay calm and refuse to let your lower nature take control.

**Libra** Sept. 24 - Oct. 23  
If you don't feel like working then don't force yourself. There is no point starting anything too detailed. If possible, keep your powder dry until the new moon comes round on Friday. Then your enthusiasm will return.

**Scorpio** Oct. 24 - Nov. 22  
If you're wondering what might have been that is a sure sign you need to make changes. Give it a few days and it may surprise you how easy it is to transform your life.

**Sagittarius** Nov. 23 - Dec. 21  
There are times when it is smart to keep your thoughts to yourself and this is one of them. Even if a family member pesters you for an opinion today you must bite your tongue.

**Capricorn** Dec. 22 - Jan. 20  
Employers are demanding and what annoys you most is that they change their minds every two minutes. Getting angry will make matters worse.

**Aquarius** Jan. 21 - Feb. 19  
You will do something so strange today that even those who know you well may wonder if you are losing your mind. Maybe you are but either way it's good to keep them on their toes. Don't ever be taken for granted.

**Pisces** Feb. 20 - March 20  
If you rely heavily on emotions then you may stray from the truth. The more you see conspiracies round every corner the more you can be sure that your imagination is playing tricks on you.

### CONCEPTIS SUDOKU by Dave Green

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Representative Leasing Example: Lease offer available on approved credit (OAC), on new 2015 Soul 1.6L LX MT (S0551F)/2016 Rio LX MT (R0541G)/2016 Sorento 2.4L LX FWD (SR754G) with a selling price of \$16,995/\$14,295/\$27,495 is based on monthly payments of \$128/\$118/\$261 for 60/36/60 months at 0%/0%/1.9%, \$100/\$1,525/\$1,950 down payment, \$1,000/\$1,500/\$500 lease credit and first monthly payment due at lease inception. Total lease obligation is \$7,663/\$4,265/\$35,659 with the option to purchase at the end of the term for \$1,478/\$1,009/\$10,448. Lease has 16,000 km/yr allowance (other packages available and \$0.12/km for excess kilometres). \*No charge AWD applicable on cash purchase of 2016 Sportage LX AT AWD (SP753G)/2016 Sportage EX AT AWD (SP755G)/2016 Sorento LX 2.4L AWD (SR758G)/2016 Sorento LX • Turbo AWD (SR750G) with an approx. value of \$2,300/\$2,400/\$3,000 (\$2,000 AWD credit and \$1,000 in discounts)/\$2,000 respectively. Some conditions apply. 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